

# OVER THE MOON

## YOGA & DANCE EDUCATION



Edna Reinhardt established Over The Moon in 1990, and has been operating a thriving yoga and dance studio for 25 years with thousands of young people enriched by a vibrant culture over a number of years. Edna has developed a children's yoga education syllabus, which is taught in schools and therapeutic settings in Australia and overseas. She is the author and publisher of the "Creative Yoga Games for Kids" series of resources.

The distinguishing factor of the Over The Moon studio since its establishment are the teachers, all of whom are experienced and passionate educators of yoga and creative dance, classical ballet and contemporary dance as well as choreography.

NOW TAKING ENROLMENTS – COME & JOIN IN THE FUN

[overthemoondance@bigpond.com](mailto:overthemoondance@bigpond.com) or call (03) 5470 5061

MOVEMENT

DANCE

CULTURE

YOGA

COMMUNITY

MENTORSHIP

PERFORMANCE

STUDIO SPACE

PRINCIPAL - Edna Reinhardt

9 Templeton Street  
Castlemaine VIC 3450  
(03) 5470 5061

[www.overthemoonstudio.com](http://www.overthemoonstudio.com)

# OVER THE MOON

## YOGA & DANCE EDUCATION

**Movement** - All of the movement styles at OTM encourage students to:

- Practice a focused awareness in classes, a skill they can take into their activities outside of the studio.
- Develop confidence and joy in dancing
- Experience a wide cultural awareness of music and the visual arts.
- Develop respect for each other and the teacher.
- Develop mentoring roles between teacher and assistant, and younger dancers.

Students may attend classical ballet classes for recreational purposes or take technique classes and undertake exams if so desired under the *Laurel Martyn Dance Teaching System (LMDTS)*.

**Performance** - Sharing the beauty of dance is an integral part of the OTM curriculum. It is enriching for the students and a gift to the wider community.

**Cultural Life** - Since 1990 OTM has hosted and participated in a number of cultural events at the studio and in the town. OTM Annual Performance, Castlemaine State Arts Festivals, Flash Mobs, OTM Annual Botanical Gardens Picnic, World Ballet Day with more to come.

**Studio Space** - There are two beautiful studios. One carpeted studio for yoga and creative dance. One studio with a sprung wooden floor and ballet barre's for classical and contemporary dance.

**Now taking enrolments for all ages ... see attached timetable. Enquiries: [overthemoondance@bigpond.com](mailto:overthemoondance@bigpond.com)**

MOVEMENT

---

DANCE

---

CULTURE

---

YOGA

---

COMMUNITY

---

MENTORSHIP

---

PERFORMANCE

---

STUDIO SPACE

---

PRINCIPAL - Edna Reinhardt

9 Templeton Street  
Castlemaine VIC 3450  
(03) 5470 5061

[www.overthemoonstudio.com](http://www.overthemoonstudio.com)